

IN THE SPECIFICATION

The second full paragraph on page 3 has been amended as follows:

The following embodiments are shown to illustrate the present invention, and it should be noted that the present invention is not limited to the described embodiments. In other words, in the present invention, the natural substance that contains minerals in high concentrations can be used; and such minerals include calcium, magnesium and/or iron; and in addition, a food product that contains calcium, magnesium and/or iron in large amounts can be used as well. Furthermore, the present invention provides a natural food product that is obtained by allowing the natural substance to be stirred and/or shaken in a non-proliferating manner in a suspended state under aerobic conditions in a solution that contains a mineral salt or organic complex as a source of calcium, magnesium and/or iron at a rate of 100 ppm or greater.